

# Executive and Professional Coaching

UNLEASH YOUR CREATIVITY AND INFLUENCE...IN A SUSTAINABLE WAY



*"People are generally better persuaded by the reasons which they have themselves discovered than by those which have come into the minds of others." Pascal*

## Description and Benefits

As a participant in our coaching program, you will discover new strengths and abilities that will increase your effectiveness, influence, and power — at home and at work.

Our approach to coaching is strength-based: we build on what our clients already do well. And our coaching model is experiential and behavioral -- which means it's just as much about action as dialogue.

Call us to enquire about how to establish a coaching relationship. Doing so might just change your life.

Typical benefits of coaching include:

- Enhanced productivity and performance
- Improved leadership skills
- Realization of greater possibilities
- Aligning personal goals with corporate objectives
- Clearer direction and focus
- Handling difficult situations more quickly and decisively
- Greater personal and professional satisfaction and fulfillment
- Increased ability to manage difficult personalities
- Improved communication skills
- Ability to effectively resolve conflicts
- Greater decision making and problem solving skills and strategies
- Stronger and more satisfying personal and professional relationships
- Reduced stress and increased energy
- Greater motivation and enthusiasm

## Coaching Tiers

### Overview

Coaching services are purchased in groups of 10 sessions: use them as you need them, and recharge for more. Details:

- 10-session minimum; first 3 sessions must be in 3 consecutive weeks.
- All coaching levels include:
- At least one valid and reliable personality assessment and analysis;
- Development Planning
- Planning Templates (worksheets and models).
- Experiential Learning Assignments

### Individual Level:

- Emergenetics Assessment, Orientation, and 90-minute Launch Meeting
- Ten 60-minute sessions

### Individual and Work System Level:

- MBTI and Emergenetics Assessments, Orientation, and 90-minute Launch Meeting:
- Ten 75 minute session package
- Plus 5 "anytime" ten-minute check-ins

### Individual and Whole System Level:

- MBTI , Emergenetics, and Multi-Rater Feedback Assessments, Orientation, and 90-minute Launch Meeting
- Ten 90-minute sessions
- Plus 10 "anytime" 10-minute check-ins.
- Total initial investment

## About Us:

We are a full-service organizational effectiveness consultancy devoted to maximizing your investment in human capital in a sustainable, socially responsible way.

Services we offer in addition to executive coaching include:

- Strategic planning
- Change management
- Team and leadership development
- Experiential learning simulations
- Competency modeling
- HR Scorecards
- Consultative facilitation
- Organizational alignment programs
- Culture change



## Contact:

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